

INTEREST GROUP SCHEDULE

WEEK	DAY	GROUP	TIME
FIRST	Mon	French (beginners)	9.30 am
	Tue	Travel	2 pm
	Wed	Walking (Long) <i>see website</i>	
	Thu	Out with Friends	10 am
		Textiles	10 am
		History	2.30 pm
	Fri	Books and Book Reading	10.30 am
SECOND	Mon	Walking (Strollers)	10.30 am
		Singing for Fun!	2.30pm
	Tue	Ukulele	6.30 pm
		Italian	10.30 am
		MONTHLY MEETING	2.30 pm
	Wed	Antiques and Collectables	2 pm
	Thu	Psychology	10 am
		Canasta	1.30 pm
		Bridge	1.30 pm
THIRD	Mon	French (beginners)	9.30 am
		Gardening (<i>but see website for trips</i>)	2 pm
	Tue	Photography	10 am
	Thu	French (Int/Advanced)	10 am
	Fri	Walking (medium) <i>see website</i>	
FOURTH	Mon	Singing for Fun!	2.30pm
	Tue	Ukulele	6.30 pm
		Italian	10.30 am
		Canasta	1.30 pm
	Wed	German	10 am
		Music Appreciation	2 pm
	Thu	Aspects of Italy	10 am
		Bridge	1.30 pm

Weekly - Badminton, Golf, Latin, Line Dancing, Padel, Pétanque, Short Mat Bowls (winter months only), Snooker, Table Tennis, Tennis.

For further details on these and any other activities please see the website at: www.risboroughu3a.org.uk If no computer access please leave a message with our membership secretary on 01494 565167 and someone will call you.

To contact us about anything in this newsletter please email us at info@risboroughu3a.org.uk



Risborough u3a

Monthly Diary Sheet June / July 2026

I had a bit of an intense nightmare last night. I was leading a u3a presentation about a book. It was a big room and it was full. Unfortunately, I hadn't read the book or had any idea what it was about. I tried to blag it and then some other disasters happened and then people started walking out. I tried to get them to stay but it was hopeless and I was mortified. I woke up and got up. It did remind me of a terrible presentation I made when I was 14 and in the Young Farmers (I am a country girl). It was something to do with electricity and I hadn't prepared at all, I was useless and, to make it worse, the girl I was competing against was infuriatingly brilliant. That taught me a big lesson!

I'm not sure where my dream came from last night, maybe it's planning the u3a 25th anniversary party. I don't feel unduly worried but who knows what's lying deep in the psyche. Anyhow, I hope it will be a really good event, tickets will go on sale around mid-June so please look out for them. I promise I won't be giving a presentation on a book.

Maggie Forbes

Keep the date! Tickets coming soon

PRINCES RISBOROUGH U3A

25th ANNIVERSARY PARTY

Brushwood Suite, Wades Centre, 11TH August, 2.30 pm

Hog Roast (or veggie), Rolling Slide Show etc.

GROUPS WITH THEMES OR SPEAKERS. See www.risboroughu3a.org.uk, and click on **Groups** (If no computer access see overleaf for a telephone contact)

GROUP	TIME	DATE	JUNE	DATE	JULY
Travel	2 pm	2	Borneo – Martin Parry	7	My First Holiday Without Mum and Dad – group members
History	2.30 pm	4	Train trip to East Coast Scotland 50/60s – Francis Gomme	2	Anniversary – short talks – group members
Textiles	10 am	4	Padded Stitching	2	Inspiration from Flowers
MONTHLY MEETING	2.30 pm	9	Hidden Rivers of London – Alan Fitzgerald <i>Teas – Snooker</i>	14	My Life in Music Tony Tutton (bands 50s – 70s) <i>Teas – Table Tennis</i>
Antiques and Collectables	2 pm	10	Smoking Paraphernalia	8	Pottery / Porcelain Tureens and Vases
Psychology	10 am	11	Relationships	9	Colour Therapy. 3 Sketches of Enlightenment. Figures on Tree of Life
Photography	10 am	16	Photoshoot at Cliveden	21	Brian Ridgely – Talk and Photography
Gardening	2 pm	19	Trip to Henford, Lord and Lady Heseltine's Garden	20	Trip to Kathy Brown's (Award Winning) Garden, Stevington
Music Appreciation	2 pm	24	A Selection of Second Movements – John Paine	22	The Music of Leonard Bernstein – John McKay
Aspects of Italy	10 am	25	Italian Lakes – Sue Atkinson	23	Italian Music – Michael George

Why not try Bridge? ...

Bridge is a strategic card game played by four players. The u3a Bridge group meets the second and fourth Thursday of each month at 1:30 in the Carrington Room, Wades Centre, for an afternoon of social bridge. There are returning players, improving players and a general air of enjoyment. Please feel free just to turn up and join in. All are welcome.

... or Music Appreciation

This friendly group meets on the last Wednesday of each month in the Cherry Baker Room, Wades Centre. Each month a member of the group plays music of

their choice on CDs or via the internet and tells us a little about each piece. It's mostly classical music, but sometimes strays into jazz or show music. No-one is obliged to present, but it's more fun if most of us take a turn at some point.

The topic might be a certain composer, a nationality / country (we've had French, Russian, Scotland), a genre such as choral, orchestral, concerto, or a theme such as London, Shakespeare, The Sea etc. Or it might be simply someone's favourites. We pay a small sum for the rent of the room (£1 - £3 depending on the size of the kitty at the time) and have a sociable tea-break midway. Come along, relax with us and have a listen.