

INTEREST GROUP SCHEDULE

WEEK	DAY	GROUP	TIME
FIRST	Mon	French (beginners)	9.30 am
	Tue	Travel	2 pm
	Wed	Walking (Long) <i>see website</i>	
	Thu	Out with Friends	10 am
		Textiles	10 am
		History	2.30 pm
	Fri	Books and Book Reading	10.30 am
SECOND	Mon	Walking (Strollers)	10.30 am
		Singing for Fun!	2.30pm
	Tue	Ukulele	6.30 pm
		Italian	10.30 am
		MONTHLY MEETING	2.30 pm
	Wed	Antiques and Collectables	2 pm
	Thu	Psychology	10 am
		Canasta	1.30 pm
		Bridge	1.30 pm
THIRD	Mon	French (beginners)	9.30 am
		Gardening (<i>but see website for trips</i>)	2 pm
	Tue	Photography	10 am
	Thu	French (Int/Advanced)	10 am
	Fri	Walking (medium) <i>see website</i>	
FOURTH	Mon	Singing for Fun!	2.30pm
	Tue	Ukulele	6.30 pm
		Italian	10.30 am
		Canasta	1.30 pm
	Wed	German	10 am
		Music Appreciation	2 pm
	Thu	Aspects of Italy	10 am
		Bridge	1.30 pm

Weekly - Badminton, Golf, Latin, Line Dancing, Padel, Pétanque, Short Mat Bowls (winter months only), Snooker, Table Tennis, Tennis.

For further details on these and any other activities please see the website at: www.risboroughu3a.org.uk If no computer access please leave a message with our membership secretary on 01494 565167 and someone will call you.

To contact us about anything in this newsletter please email us at info@risboroughu3a.org.uk



Risborough u3a

Monthly Diary Sheet May / June 2026

Princes Risborough u3a turns 25 this year! We're celebrating with a special party on 11th August, featuring photos and stories from founding members whose hard work and vision helped create the organisation we enjoy today. The event, at the Brushwood Suite, will also include a hog roast (with veggie options), quizzes and songs from a West End/TV performer. Tickets will go on sale nearer the date, but, unfortunately, we will be limited by the number of people the hall can hold.

We are also asking our Group Leaders to send in a photo or video of their current groups or anything of interest that has taken place over the last 25years. We have obtained a couple of rather good poems written some years ago. Do we have a William Wordsworth or maybe a John Cooper Clarke or even a Pam Ayres amongst us who might put pen to paper for us now?

Springtime good wishes to you all.

Maggie Forbes

Psychology Group news

June Brazier, group leader writes - This fairly young group continues to be interesting and dynamic. The members are happy to speak up and ask questions at any time. We have excellent helpers to wash up and clear away, including chairs, and any tables.

The Art Therapy exercise was fascinating as it revealed characteristics among the 'artists' of which, perhaps, they were unaware. I am open to ideas of study areas from members - always thought provoking. We meet at 10 am on the second Thursday of the month in St Mary's Church Hall. Do come and join us.

GROUPS WITH THEMES OR SPEAKERS. See www.risboroughu3a.org.uk, and click on **Groups** (If no computer access see overleaf for a telephone contact)

GROUP	TIME	DATE	MAY	DATE	JUNE
Travel	2 pm	5	Turkish Delights – Jill Evers	2	Borneo – Martin Parry
History	2.30 pm	7	Olaydah Equiano, an Interesting Narrative – Adam Smith	4	Train trip to East Coast Scotland 50/60s – Francis Gomme
Textiles	10 am	7	Stitched Squares (follow up to Feb's Design Session)	4	Padded Stitching
MONTHLY MEETING	2.30 pm	12	Wildlife Photography – Tom Way <i>Teas – Singing for Fun</i>	9	Hidden Rivers of London – Alan Fitzgerald <i>Teas – Snooker</i>
Antiques and Collectables	2 pm	13	Military Items and Memorabilia	10	Smoking Paraphernalia
Psychology	10 am	14	Carl Jung and his work, plus DVD	11	Relationships
Gardening	2 pm	18	Members' Plant Sale Bring and Buy	19	Trip to Henford, Lord and Lady Heseltine's Garden
Photography	10 am	19	Portrait Photography (Editing) – Peter Dixon	16	Photoshoot at Cliveden
Music Appreciation	2 pm	27	Shakespeare in Music – Margaret Galloway	24	A Selection of Second Movements – John Paine
Aspects of Italy	10 am	28	Milano Glass – Sue Atkinson and Sheila Clark	25	Italian Lakes – Sue Atkinson

Short Mat Bowls summer break

We ended our current Short Mat Bowls winter season at Wades on Wednesday 22nd, with the usual great turnout of group members contributing as always to the informal, friendly atmosphere.

The chat continued during our half-time tea break - along with cream cakes for the occasion! Thanks were given all round and for my part, I should just like to reiterate what a lovely group of members I have.

I look forward to seeing them all again at the end of September, ready for another successful season!

Elspeth Banks (SMB Group Leader)

Photography group news

The photo group had their first Photo Shoot outing to Watermead, Aylesbury. The weather was lovely and lots of good photo opportunities.

The meal after was also exceptional and great company as always.

Thank you, Tony for arranging

