

INTEREST GROUP SCHEDULE

WEEK	DAY	GROUP	TIME
FIRST	Mon	French (beginners)	9.30 am
	Tue	Travel	2 pm
	Wed	Walking (Long) <i>see website</i>	
	Thu	Out with Friends	10 am
		Textiles	10 am
		History	2.30 pm
	Fri	Books and Book Reading	10.30 am
SECOND	Mon	Walking (Strollers)	10.30 am
		Singing for Fun!	2.30pm
	Tue	Ukulele	6.30 pm
		Italian	10.30 am
		MONTHLY MEETING	2.30 pm
	Wed	Antiques and Collectables	2 pm
	Thu	Psychology	10 am
		Canasta	1.30 pm
		Bridge	1.30 pm
THIRD	Mon	French (beginners)	9.30 am
		Gardening (<i>but see website for trips</i>)	2 pm
	Tue	Photography	10 am
	Thu	French (Int/Advanced)	10 am
	Fri	Walking (medium) <i>see website</i>	
FOURTH	Mon	Singing for Fun!	2.30pm
	Tue	Ukulele	6.30 pm
		Italian	10.30 am
		Canasta	1.30 pm
	Wed	German	10 am
		Music Appreciation	2 pm
	Thu	Aspects of Italy	10 am
		Bridge	1.30 pm

Weekly - Badminton, Golf, Latin, Line Dancing, **Padel** (new), Pétanque, Short Mat Bowls, Snooker, Table Tennis, Tennis.

Every other month – Financial Workshop

For further details on these and any other activities please see the website at: www.risboroughu3a.org.uk If no computer access please leave a message with our membership secretary on 01494 565167 and someone will call you.

To contact us about anything in this newsletter please email us at info@risboroughu3a.org.uk



Risborough u3a

Monthly Diary Sheet April / May 2026

I'm currently away on grandparent duty, for 5 days, looking after two teenage boys (15 and 13) and two dogs. The boys are, so far, no trouble and do their best to keep me happy by playing board and card games with me. I feel I'm doing a good thing by keeping one off his screen and not such a good thing by hindering the other's revision.

The two dogs, one a poodle, brought here by me and the other, a poochon, who lives here, are not particularly pally and constantly follow me around. When I sit it's with them both on top of me. I count myself lucky they are not great danes.

It's great to be kept busy, of course, although sometimes life can be too hectic. Didn't retirement used to be about sitting down with pipe and slippers - was there ever a female equivalent?

The good thing about the u3a is that we can choose the activities we want to take part in. Whether it's something active, informative, educational or just fun, there really is an activity for everyone. BUT – if there is something you feel is missing you could always think about making it happen.

Time for me to take a grandson to football. Wishing you all a good April.

Maggie Forbes

GROUPS WITH THEMES OR SPEAKERS. See www.risboroughu3a.org.uk, and click on **Groups** (If no computer access see overleaf for a telephone contact)

GROUP	TIME	DATE	APRIL	DATE	MAY
History	2.30 pm	2	Could my Grandfather have Prevented WW1? – Meron Jacyna	7	Olaydah Equiano, an Interesting Narrative – Adam Smith
Textiles	10 am	2	Laid Work Stitching	7	Stitched Squares (follow up to Feb's Design Session)
Travel	2 pm	7	On and Off the Footplate – Bill Davies	5	Turkish Delights – Jill Evers
Antiques and Collectables	2 pm	8	Grooming – Mirror, razors, nail-care, dressing-table items	13	Military Items and Memorabilia
Psychology	10 am	9	The Elements Relating to the Zodiac Signs	14	Relationships (including DVD)
MONTHLY MEETING	2.30 pm	14	The Oldest Road, The Ridgway - Russell Cherry <i>Teas – Short Mat Bowls</i>	12	Wildlife Photography – Tom Way <i>Teas – Singing for Fun</i>
Gardening	2 pm	20	Visit to Ashwood Nursery and John's Garden, Kingswindsford	18	Members' Plant Sale Bring and Buy
Photography	10 am	21	Photoshoot at Watermead, Aylesbury	19	Portrait Photography (Editing) – Peter Dixon
Music Appreciation	2 pm	22	Extracts from Beautiful Sacred Music – John Paine	27	Shakespeare in Music – Margaret Galloway
Aspects of Italy	10 am	23	Friuli – Jill Jones	28	Milano Glass – Sue Atkinson and Sheila Clark

Success of Padel – Come along to Tennis

Mike Smith tells us he is delighted with the response to his offering of this new (to us) sport **Padel**. There are now three hourly sessions on Wednesdays, at 10am, 11am and 12 noon at their courts in Lacey Green.

However, he could take more players for **Tennis**, running from 1 – 3pm, for the two courts he has booked each week.

Both sports operate on a first-come, first-serve basis via a WhatsApp poll. (Don't be put off by the technology. WhatsApp is very similar to texting but can work with a group) Padel, is £5 with everything provided and some basic instruction. Tennis is £3 but you will need your own racquet.

Why not give it a go now that the weather is finally improving? You can contact Mike at Mike_Smith69@hotmail.com or 07774 960023.

Photography group news

At our last photo group meeting Carole Barfoot did a brilliant talk about the acclaimed war photographer Steve McCurry, showing some of his photos.

See his work on his website stevemccurry.com or Google his name.

Next meeting we will be out for our first photoshoot day. See our website for details or contact us at photo@risboroughu3a.org.uk. New members welcome.