

INTEREST GROUP SCHEDULE

WEEK	DAY	GROUP	TIME
FIRST	Mon	French (beginners)	9.30 am
	Tue	Travel	2 pm
	Wed	Walking (Long) <i>see website</i>	
	Thu	Out with Friends	10 am
		Textiles	10 am
		History	2.30 pm
	Fri	Books and Book Reading	10.30 am
SECOND	Mon	Walking (Strollers)	10.30 am
		Singing for Fun!	2.30pm
	Tue	Ukulele	6.30 pm
		Italian	10.30 am
		MONTHLY MEETING	2.30 pm
	Wed	Antiques and Collectables	2 pm
	Thu	Psychology	10 am
		Canasta	1.30 pm
		Bridge	1.30 pm
THIRD	Mon	French (beginners)	9.30 am
		Gardening (<i>but see website for trips</i>)	2 pm
	Tue	Photography	10 am
	Thu	French (Int/Advanced)	10 am
	Fri	Walking (medium) <i>see website</i>	
FOURTH	Mon	Singing for Fun!	2.30pm
	Tue	Ukulele	6.30 pm
		Italian	10.30 am
		Canasta	1.30 pm
	Wed	German	10 am
		Music Appreciation	2 pm
	Thu	Aspects of Italy	10 am
		Bridge	1.30 pm

Weekly - Badminton, Golf, Latin, Line Dancing, Pétanque, Short Mat Bowls, Snooker, Table Tennis, Tennis.

Every other month – Financial Workshop

For further details on these and any other activities please see the website at: www.risboroughu3a.org.uk If no computer access please leave a message with our membership secretary on 01494 565167 and someone will call you.

To contact us about anything in this newsletter please email us at info@risboroughu3a.org.uk



Risborough u3a

Monthly Diary Sheet February / March 2026

How long have you been in the u3a? Have you been a member since the start? That would be an impressive **25 years**. I joined 5 years ago when I moved here during Covid and knew no-one. I was thinking recently that the u3a has had the same positive effects for me as when I joined the Housewives Register soon after I moved to Saffron Walden with a brand new baby and, then too, I knew no-one.

The Housewives Register (later, given the slightly more enlightened title, Women's Register) provided me with great friends, lots of fun, learning and a sense of belonging to a new area. We also took turns running a weekly crèche which, when not being the ones left with the babies, gave us a blissful 2 hours free. This is what I have found with the u3a, obviously, minus the crèche. I hope you have found the same, although I realise that some of you are long term residents, already part of the community, who have found something equally beneficial from joining an organisation with so much to offer.

Given that it is our **25th anniversary year** it would be great to start gathering some of your memories of what the u3a has meant for you, what you have learned, how much laughter you have shared, maybe with some photos if you have them. I would be very happy to receive your recollections at chairman@risboroughu3a.org.uk.

Wishing you a happy February.

Maggie, Chairman

Photography Group Competition

Our Annual December competition was excellent and the winners were **Richard Jones 1st**, **Peter Dixon 2nd** & **3rd**, judged by Brian Ridgley. Please see photos of the winners being presented with prizes on our group page of the u3a website. In January Richard Jones did a very good talk / demonstration on using our cameras to adjust Exposure. There was a critique of the Autumn photos, some fun photos from the year, finishing off with our meal at The Peacock in Henton.

GROUPS WITH THEMES OR SPEAKERS. See www.risboroughu3a.org.uk, and click on **Groups** (If no computer access see overleaf for a telephone contact)

GROUP	TIME	DATE	FEBRUARY	DATE	MARCH
Travel	2 pm	3	In the Footsteps of Darwin – Richard Stevenson	3	The Oxford of Inspector Morse – Alastair Lack
History	2.30 pm	5	Fitzroy Maclean – Bernard Foot	5	The Johnny Smythe Story – Eddy Smythe
Textiles	10 am	5	Workshop on Chuck Close design style	5	Laid Work
MONTHLY MEETING	2.30 pm	10	Spanish Guitar Lecture / Recital, Dowland, Albeniz – Gary Jordan <i>Teas – Photography</i>	10	Passports, Assassins, Traitors and Spies – Martin Lloyd <i>Teas – Psychology</i>
Antiques and Collectables	2 pm	11	Religious Items – Any Denomination	11	My Favourite Antique
Psychology	10 am	12	St Valentine, Zodiacs and Chinese New Year	12	TBA
Gardening	2 pm	16	Late Season Colour - BillyStott	16	Climate Change and Sustainable Gardening – Rachel Platt
Photography	10 am	17	Workshop – Reflections, Sky/Landscapes, Garden Birds (2 of each)	17	Green Eyes – Carole Barfoot
Music Appreciation	2 pm	25	How the Organ Works – demonstration. Peter Willett NB at St Mary's Church	25	From Russia with Love – Jackie Huntingford
Financial Workshop	2 pm	-	(Occurs every other month)	26	TBA
Aspects of Italy	10 am	26	Venice – Margaret Hancox	26	Secret Lakes and Gardens – Carol Bennett

Introduction to OWF - Out with Friends

The group was set up to encourage anyone living by themselves to join the group and make new friends and associations and **is here for you if you live by yourself**. The only New Year resolution I made for years was to get out and meet new people and make new associations. I failed year after year until after Covid I joined U3A and found OWF.

Each month we take a Sunday lunch together, a midweek lunch and a coffee morning.

In 2026 I am planning outings to interest and educate - the Amazon Distribution Centre in Milton Keynes, the Mini factory in Oxford, the Milestone Museum Basingstoke, the Bayeux Tapestry in London, the Titanic experience in London. In addition we operate a very well attended theatre group.

Come and join us on the first Thursday of the month in the Cherry Baker Room at 10.00am. **I know it can be a big step but I hope you will take that step and make 2026 the best year for you.**

If you wish to contact me, please email me on outwithfriends@risboroughu3a.org my name is Yvonne Harris