

INTEREST GROUP SCHEDULE

WEEK	DAY	GROUP	TIME
FIRST	Mon	French (beginners)	9.30 am
	Tue	Travel	2 pm
	Wed	Walking (Long) <i>see website</i>	
	Thu	Out with Friends	10 am
		Textiles	10 am
		History	2.30 pm
	Fri	Books and Book Reading	2 pm
SECOND	Mon	Walking (Strollers)	10.30 am
		Singing for Fun!	2.30pm
	Tue	Ukulele	6.30 pm
		Italian	10.30 am
		MONTHLY MEETING	2.30 pm
	Wed	Antiques and Collectables	2 pm
	Thu	Psychology	10 am
		Canasta	1.30 pm
		Bridge	1.30 pm
THIRD	Mon	French (beginners)	9.30 am
		Gardening (<i>but see website for trips</i>)	2 pm
	Tue	Photography	10 am
	Thu	French (Int/Advanced)	10 am
	Fri	Walking (medium) <i>see website</i>	
FOURTH	Mon	Singing for Fun!	2.30pm
	Tue	Ukulele	6.30 pm
		Italian	10.30 am
		Canasta	1.30 pm
	Wed	German	10 am
		Craft and Chat (<i>Mostly 4th but check</i>)	2 pm
		Music Appreciation	2 pm
	Thu	Aspects of Italy	10 am
		Bridge	1.30 pm

Weekly - Badminton, Golf, Latin, Line Dancing, Pétanque, Short Mat Bowls, Snooker, Table Tennis, Tennis.

Every other month – Financial Workshop

For further details on these and any other activities please see the website at: www.risboroughu3a.org.uk If no computer access please leave a message with our membership secretary on 01494 565167 and someone will call you.

To contact us about anything in this newsletter please email us at info@risboroughu3a.org.uk



Risborough u3a

Monthly Diary Sheet August / September 2025

I may be repeating a message already to be found in this diary sheet but please have a think back to why you joined the U3A and what you have got from it. This is the question our new publicity team (Angela, Martin and Jill) are asking current members. The responses will allow them to use real comments/stories on new publicity material with the aim of encouraging new people to join us. For me, I knew no-one when we arrived in the area over 4 years ago but since then, thanks to the U3A, I've got to know and make friends with so many lovely people. Please do have a think about it and write to angela_kent@yahoo.co.uk.

We had another excellent speaker at the monthly meeting in July who talked about her career in the BBC as a graphic designer. She had worked on some very notable productions. It was fascinating. So, this month the talk is on - Oh just a minute I've completely forgotten what it is! I'll remember in a moment...

In the meantime let me tell you about the 'thank you' barbecue for group leaders and other members who give their time in different ways to our U3A. The gorgeous garden of the Methodist Church was the venue. The sun shone all afternoon, the food was delicious and the company great. It was a well-deserved treat for group leaders, without whom we would have no U3A.

On that note quite a few people have been asking if we could start a beginners or elementary Spanish group. We do need someone to lead it. Could you be that person? Contact Ann Banbury at Group@risboroughu3a.org.uk

Finally, it's come back to me. The talk on Tuesday 12th August will be 'How we remember and why we forget'. I hope to see you there.

Wishing you a happy August
Maggie

Maggie Forbes
Co-Chair and Social Secretary

GROUPS WITH THEMES OR SPEAKERS. See www.risboroughu3a.org.uk, and click on **Groups** (If no computer access see overleaf for a telephone contact)

GROUP	TIME	DATE	AUGUST	DATE	SEPTEMBER
Travel	2 pm	5	Bruges – It's More Than Just Chocolates – Melanie Gibson-Barton	2	Medieval Germany – Malcolm Barker
History	2.30 pm	7	D.I.B. to DAB, The History of the Radio – Chris Hodges	4	Byron – Mad, Bad and Dangerous – Jeremy Holmes
Textiles	10 am	7	No meeting (holidays)	4	Print
Gardening	2 pm	11	Coach Trip to Sir Harold Hillier Gardens	15	Coach Trip to NT Baddesley Clinton and NT Packwood House
MONTHLY MEETING	2.30 pm	12	How we remember and why we forget – Dr Jim Ellis <i>Teas – Italian</i>	9	Who is the Greatest of our Post-War Leaders? – Andrew Baker <i>Teas – Line Dancing</i>
Antiques and Collectables	2 pm	13	Books	10	Small Silver Items
Psychology	10 am	14	Phobias and Insecurities – we all have them!	11	Autism, ADHD and 'Labelling'
Photography	10 am	19	Photoshoot outing West Wycombe Village	18	Photoshoot critique plus 'My Family History of Photography' – Elaine Barker
Music Appreciation	2 pm	27	Mahler (Part 2) – Peter Willett	24	Sibelius – John McKay
Aspects of Italy	10 am	28	No meeting (holidays)	25	TBA

Line Dancing update and spare spaces

The Line Dancing group has been going for a year now and we have just had 5 new members join us. We have space for 2 more. From the 19th August classes will start half an hour earlier, at 10.30am, to teach beginner dances to those new to the group. If you are interested contact Maggie Forbes at social@risboroughu3a.org.uk

Tell prospective members about your groups

This diary sheet is not only emailed out to all members, but paper copies are also provided to the Princes Risborough Library. Besides the website, the staff find it a very useful handout as they are often a port of call for retired people moving into the area, maybe to be closer to their families, who want to know about local activities.

Any member can write a short article here to help highlight our U3a and their particular group. Just send it to me (Jackie) at preview@risboroughu3a.org.uk by the 24th of the month if possible.