

## INTEREST GROUP SCHEDULE

| WEEK   | DAY | GROUP                                                     | TIME           |
|--------|-----|-----------------------------------------------------------|----------------|
| FIRST  | Mon | French (beginners)                                        | 9.30 am        |
|        | Tue | Travel                                                    | 2 pm           |
|        | Wed | Walking (Long) <i>see website</i>                         |                |
|        | Thu | Out with Friends                                          | 10 am          |
|        |     | Textiles                                                  | 10 am          |
|        |     | History                                                   | 2.30 pm        |
|        | Fri | Books and Book Reading                                    | 2 pm           |
| SECOND | Mon | Walking (Strollers)                                       | 10.30 am       |
|        |     | Singing for Fun!                                          | 2.30pm         |
|        | Tue | Ukulele                                                   | 6.30 pm        |
|        |     | Italian                                                   | 10.30 am       |
|        |     | <b>MONTHLY MEETING</b>                                    | <b>2.30 pm</b> |
|        | Wed | Antiques and Collectables                                 | 2 pm           |
|        | Thu | Psychology                                                | 10 am          |
|        |     | Canasta                                                   | 1.30 pm        |
|        |     | Bridge                                                    | 1.30 pm        |
| THIRD  | Mon | French (beginners)                                        | 9.30 am        |
|        |     | Gardening ( <i>but see website for trips</i> )            | 2 pm           |
|        | Tue | Photography                                               | 10 am          |
|        | Thu | French (Int/Advanced)                                     | 10 am          |
|        | Fri | Walking (medium) <i>see website</i>                       |                |
| FOURTH | Mon | Singing for Fun!                                          | 2.30pm         |
|        | Tue | Ukulele                                                   | 6.30 pm        |
|        |     | Italian                                                   | 10.30 am       |
|        |     | Canasta                                                   | 1.30 pm        |
|        | Wed | German                                                    | 10 am          |
|        |     | Craft and Chat ( <i>Mostly 4<sup>th</sup> but check</i> ) | 2 pm           |
|        |     | Music Appreciation                                        | 2 pm           |
|        | Thu | Aspects of Italy                                          | 10 am          |
|        |     | Bridge                                                    | 1.30 pm        |

**Weekly** - Badminton, Golf, Latin, Line Dancing, Pétanque, Short Mat Bowls, Snooker, Table Tennis, Tennis.

**Every other month** – Financial Workshop

For further details on these and any other activities please see the website at: [www.risboroughu3a.org.uk](http://www.risboroughu3a.org.uk) If no computer access please leave a message with our membership secretary on 01494 565167 and someone will call you.

To contact us about anything in this newsletter please email us at [info@risboroughu3a.org.uk](mailto:info@risboroughu3a.org.uk)



## Risborough u3a

### Monthly Diary Sheet July / August 2025

We have certainly had lots of summer weather recently, and no doubt some of you (like me) have found it a bit too hot at times, though I can't complain too much as I appreciate all the summer sports which were not being rained off!

It was good to see a number of u3a members at the Lighthouse quiz evening recently, and I know some of you will be involved in various ways during the Town Festival (starting soon) and Lighthouse (at the end of July) – Risborough is one of those places where there is a willingness by lots of people to get involved in activities such as these.

As both my fellow Co-Chair, Maggie, & I have said on numerous occasions, it would be good to see more members at the Monthly Meetings – the one meeting each month which is free & open to all members. Two years ago we moved the venue back to the centre of Princes Risborough in response to complaints from a sizeable number of members who felt it shouldn't be held in Longwick, but there has been no significant increase in numbers attending. Many other u3as hold their monthly meetings in a church building (because often these are the most affordable or only large meeting place available) so the venue should not be a problem to you as u3a members. Do come along! In addition to the speaker there is always time for a cuppa, biscuit and chat with fellow u3a members and the opportunity to raise matters with members of the committee if you wish to. Enjoy the summer weather, whatever comes our way!

Joe Needham  
Co-Chair

### Line Dancing Time Change

Maggie Forbes tells us that Line Dancing will now be from 11.00 – 12.30. They will still be every Tuesday in the Whiteleaf Hall, Monks Risborough.

**GROUPS WITH THEMES OR SPEAKERS.** See [www.risboroughu3a.org.uk](http://www.risboroughu3a.org.uk), and click on **Groups** (If no computer access see overleaf for a telephone contact)

| GROUP                     | TIME           | DATE     | JULY                                                                  | DATE      | AUGUST                                                                           |
|---------------------------|----------------|----------|-----------------------------------------------------------------------|-----------|----------------------------------------------------------------------------------|
| Travel                    | 2 pm           | 1        | On and Off the Footplate – Bill Davies                                | 5         | Bruges – It's More Than Just Chocolates – Melanie Gibson-Barton                  |
| History                   | 2.30 pm        | 3        | Relatives with Stories to tell – Speakers from the Group              | 7         | D.I.B. to DAB, The History of the Radio – Chris Hodges                           |
| Textiles                  | 10 am          | 3        | Buttonhole Stitch                                                     | 7         | No meeting (holidays)                                                            |
| <b>MONTHLY MEETING</b>    | <b>2.30 pm</b> | <b>8</b> | <b>Working for Auntie – Christine Greene</b><br><i>Teas – History</i> | <b>12</b> | <b>How we remember and why we forget – Dr Jim Ellis</b><br><i>Teas – Italian</i> |
| Antiques and Collectables | 2 pm           | 9        | Paperweights                                                          | 13        | Books                                                                            |
| Psychology                | 10 am          | 10       | No meeting (holiday)                                                  | 14        | Phobias and Insecurities – we all have them!                                     |
| Photography               | 10 am          | 15       | Editing – Peter Dixon and Critique of June Photoshoot Images          | 19        | Photoshoot outing                                                                |
| Gardening                 | 2 pm           | 21       | Coach Trip to Winterbourne House and Birmingham Botanical Gardens     | 11        | Coach Trip to Sir Harold Hillier Gardens                                         |
| Music Appreciation        | 2 pm           | 23       | London in Music – Richard Evans                                       | 27        | Mahler (Part 2) – Peter Willett                                                  |
| Aspects of Italy          | 10 am          | 24       | Shakespeare in Italy (DVD)                                            | 28        | No meeting (holidays)                                                            |

### Why Did I Join?

A small group of members are looking at creating some promotional material to bring in new members to maintain the future health of the organisation. They are looking for some quotes from current members to engage potential members who don't know about our organisation or, if they do, aren't sure if it's for them.

Answers to these questions would therefore be gratefully received:

**Why did you join the u3a?**

**What do you get out of it?**

Please email your answers to Angela Kent [angela\\_kent@yahoo.co.uk](mailto:angela_kent@yahoo.co.uk)

### Tell us your group news

This space is for you to let other U3a members know what your group is up to. Any news you have, how much fun you are having or just how much you enjoy getting out of the house and seeing people. We need regularly little articles of a paragraph or two, preferably of upcoming events, but others topics can be included if there's space, which varies from month to month.

Photos can be included but use quite a bit of ink for anyone printing this for friends and for the library copies, so we don't use many. If included, a light background is best with detail visible on a small image. Please submit articles to [preview@risboroughu3a.org.uk](mailto:preview@risboroughu3a.org.uk) by the 24<sup>th</sup> of the month if possible.